





December, 2015

1% or Skim milk provided Margarine available

MENU ITEMS SUE	JECT TO CHANGE		SUGGESTE	D DONATION
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cranberry Juice Apricot Glazed Chicken Herbed Couscous Carrots	Cream of Mushroom Unsalted Crackers Unbreaded Fish Filet Lemon Dill Sauce Buttered Garlic Orzo	Orange Juice Salisbury Steak Mushroom Gravy Mashed Potatoes Beets	Pork Stir Fry Brown Rice Oriental Blend Veggies
20002000	Pumpernickel Bread	Spinach 100% W.W. Bread	Dinner Roll	Multigrain Bread
	Birthday Cake	Fresh Orange	Apricots	Citrus Sections
Crab Cakes with White Sauce Buttered, Parslied Potatoes Country Blend Veggies	Orange Juice Orange Juice Chicken Parmesan Ziti Tomato Sauce Italian Blend Veggies Italian Bread	Pineapple Juice Meatloaf Brown Gravy Mashed Potatoes Garden Salad Italian Dressing Potato Bread	Knockwurst Pierogies Broccoli Hot Dog Roll	Veal Cutlet with Cream Gravy Noodles Peas Rye Bread
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Mixed Fruit Cup	Pears	Chocolate Chip Cookies	Fresh Orange	Fresh Apple
Seasoned Pork Loin with Apple Au Jus Cheesy Rice Capri Blend Veggies	15 Swedish Meatballs Egg Noodles Green Beans	Christmas Special 16 Egg Nog Chicken Kiev with Cream Sauce Oven Roasted Potatoes Buttered Beets with Onion	Apple Juice Shepard's Pie Romaine Salad French Dressing	18 Italian Wedding Soup Unsalted Crackers Pier 17 Fish Spanish Rice Geneva Blend Veggies
Rye Bread	Oatmeal Bread	Dinner Roll Cheesecake with	Biscuit	Multigrain Bread
Fresh Orange	Tropical Fruit Cup	Strawberries	Banana	Chocolate Pudding
Stuffed Shells Tomato Sauce Broccoli	Wonton Soup Unsalted Crackers Pork Egg Rolls Fried Rice Oriental Blend Veggies Sweet and Sour Sauce	Grape Juice Potato Crunch Fish Harvest Rice Spinach and Mushrooms Tartar Sauce	24 Cranberry Juice Chicken Spinach Parmesan Buttered Noodles Capri Blend Veggies	Merry Christmas!!! All Centers Closed
Garlic Bread	Fortune Cookie	Pumpernickel Bread	Italian Bread	
Apricots	Pineapple Chunks	Fresh Apple	Lemon Pudding	
28 Oven Roasted Turkey Turkey Gravy Stuffing Carrots Oatmeal Bread	Cranberry Juice Swiss Steak with Vegetable Gravy, Peppers and Onions Boiled Potatoes Coleslaw Rye Bread	New Year's Special 30 Apple Cider Sliced Ham with Pineappel Au Jus Cranberry Couscous Winter Blend Veggies Dinner Roll	Grape Juice Grape Juice Spaghetti with Meatballs Parmesan Cheese Italian Blend Vegetables Italian Bread	hew.
Apricots	Fresh Apple	Banana Cream Pie	Applesauce	